



with Dana Grindal and Laura Gallier

FearlessAndFreeCommunity.com

Season 2
PODCAST EPISODE 2
The Sum is Greater than its Parts

PRAYER EXERCISE

Make this a time of prayer and reflection. Remove distractions. Begin an authentic conversation with Jesus. Consider writing down thoughts or memories as they come to you.

Thank you, Jesus, that You are here with me. I ask You to reveal truth to my heart and guide me in this time of prayer and reflection.

- 1. In response to today's podcast on the body of Christ, how do you see man's understanding being added through the perspective of denominations, parts of the whole body?**
 - a. How has this affected your relationship with other Christians?
 - b. How has this affected your relationship with others who are not yet Christians?
 - c. How has this affected your relationship with God?

- 2. The key to understanding how the parts fit and work together is relationship. The Word of God must be interpreted through the heart of God.**
 - a. A relationship of love and intimacy with Christ is the lens through which the rest of Scripture can be truly understood.
 - b. How does it feel for you to seek intimacy with God?
 - c. Does it come easily for you?
 - d. If not, why not?
 - e. Consider asking the Holy Spirit to show you what is blocking you from intimacy with God. Then ask Him how to respond to what He showed you.

- 3. Doctrine cannot define who God is. He doesn't fit into our boxes. He reveals Himself through His word and relationship with His people.**
 - a. Do you struggle with a belief about some aspect of God?
 - b. How have you seen this belief used hurtfully?
 - c. Would you be willing to look into Scripture yourself to see how God describes Himself?

- d. If so, check out the attribute and names of God listed in the back of your Bible or on a Bible study platform like www.Biblegateway.com
 - e. Consider praying and studying one attribute a week, asking God to reveal that aspect of Himself to you.
 - f. Many have found this to be a life-changing experience. We would love to hear the results of your study!
- 4. How has the Lord been stirring your heart regarding your perspective on the body of Christ?**
- a. Is there someone He is inviting you to forgive?
 - b. Is there someone you need to ask to forgive you?
 - c. *****If you have been hurt by a Christian, or by a church, I am so sorry. Please do not give up on God because of the hurts by people. We are wounded by people, but we are also healed in relationships with people. God has not abandoned you. Please reach out if you are struggling. I am praying for you as you read this.**

The eye cannot say to the hand, "I don't need you!" And the head cannot say to the feet, "I don't need you!" On the contrary, those parts of the body that seem to be weaker are indispensable, and the parts that we think are less honorable we treat with special honor. And the parts that are unpresentable are treated with special modesty, while our presentable parts need no special treatment. But God has put the body together, giving greater honor to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it.

1 Corinthians 12:21-26

For more on healing in your relationship with God or others go to www.danagrindal.com

**If you have yet to call on Jesus as your Lord and Savior,
find a biblical explanation of the urgent need and a prayer guide at
FearlessAndFreeCommunity.com/Saving-Faith**