



with Dana Grindal and Laura Gallier

FearlessAndFreeCommunity.com

PODCAST EPISODE 33
My Birthright – Part 6: Blind vs Seeing

PRAYER EXERCISE

Make this a time of prayer and reflection. Remove distractions. Begin an authentic conversation with Jesus. Consider writing down thoughts as they come to you.

Thank you, Jesus, that You are here with me. I ask You to reveal truth to my heart and guide me in this time of prayer and reflection. . .

1. **One of the ways the enemy tempts us to lay down our birthright is through spiritual blindness.** *Satan, who is the god of this world, has blinded the minds of those who don't believe. They are unable to see the glorious light of the Good News. They don't understand this message about the glory of Christ, who is the exact likeness of God. 2 Corinthians 4:4*
 - a. In the natural world, our eyes require light is to see. It is the light reflecting off the objects, people, sky, etc., that enables us to see them. Without light we are blind, stumbling around, completely at the mercy of the darkness.
 - b. In the spiritual world, Jesus is the Light. It is only through belief in Him as our Savior and Lord, receiving the indwelling of His Spirit, that we have spiritual sight. By the Holy Spirit's illumination, we can know the Truth of who God is, who we are designed to be, and the reality of the enemy's influence on the world around us.
 - c. **Spiritual blindness is a result of unbelief.** When we do not believe the Good News of Jesus in a certain aspect of our lives, we are by default in agreement with the darkness. This can be a result of past trauma, from ignorance of the Word of God or from a rebellious heart.
 - d. Is there an area of your life where you struggle to believe in Jesus, where you've turned a blind eye to Him? (your marriage, children, future, finances, health, gifts, work/ministry, crime/safety, politics, government, war?)
 - e. Check in with your heart. Ask the Holy Spirit to highlight any area where you are unintentionally blind to Christ's light.

2. **Spiritual blindness is the result of unbelief; therefore, it is possible to become blind in certain relationships or circumstances when we refuse to believe what we see.**

- a. When we strongly desire a certain outcome, our emotions affect our ability to see the situation or person accurately.
 - b. These emotions can be motivated by FEAR: fear of loss, fear of rejection, fear of failure—to name a few. These emotions can also be motivated by DESIRE: desire for success, desire for approval, desire for acceptance, desire for marriage, desire for sex, desire for a baby—to name a few.
 - c. When we continue to pursue what we want in fear of not getting it, we can quench the Holy Spirit, becoming blind in that area.
 - d. Consider this prayer. Pray: *Lord, I ask You to illuminate my heart and mind. Please show me any circumstance or relationship where I am seeking my desire over Your timing, will and glory. Please show me any area where I have allowed fear to dictate my prayers and actions. I repent for (not believing You, not trusting You, not waiting on You, being selfish, being self-righteous, controlling, lustful, stubborn, or prideful). I ask You to forgive me. Help me to believe You, even when I cannot see any change in my circumstance. Illuminate my understanding to see myself, others, and my circumstances from Your perspective. In Jesus' name, amen.*
3. **We may struggle to see good qualities in ourselves. We can be spiritually blind about ourselves, believing the enemy's lies over the truth of the Word of God.**
- a. Ask Holy Spirit to illuminate any false belief you have about yourself. Put the lies to death at the cross, and ask Jesus to replace them with His truth in your heart and mind.
 - b. If you struggle to believe you are “good enough” to be a part of God’s family, consider spending some time reading and meditating on what God says about you in Ephesians 1. (We do not earn worth or salvation; it is a gift of love from the Father!)
 - c. This is our prayer for you . . .
For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God’s people, I have not stopped giving thanks for you, remembering you in my prayers. I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe, Ephesians 1:15-19.

**If you have yet to call on Jesus as your Lord and Savior,
 find a biblical explanation of the vital need and a prayer guide at
FearlessAndFreeCommunity.com/Saving-Faith**