



with Dana Grindal and Laura Gallier

FearlessAndFreeCommunity.com

PODCAST EPISODE 47
Are You Prepared for Your Ministry Mountain?

PRAYER EXERCISE

Make this a time of prayer and reflection. Remove distractions. Begin an authentic conversation with Jesus. Consider writing down thoughts as they come to you.

Thank you, Jesus, that You are here with me. I ask You to reveal truth to my heart and guide me in this time of prayer and reflection.

1. **In this episode, Laura and Dana discuss Dana's new book *Ascend: Preparing For Your Ministry Mountain*. *Ascend* uses vivid imagery of mountains and skiing to illustrate universal principles of the Kingdom of God to empower Christians to navigate their ministry mountain. Your ministry mountain is the sphere of influence where God has called you to serve. There are **Seven Mountains of Influence** in any culture. They are:**
 - a. Government
 - b. Media
 - c. Arts and Entertainment
 - d. Business
 - e. Education
 - f. Religion
 - g. Family

Which one/ones are you most passionate about?

2. **When you go up a mountain, you must prepare. The weather conditions and terrain are rough and constantly changing. The most important key to success on your ministry mountain is what you do before you get there.**
 - a. Preparation for ministry requires prioritizing our time and resources, making room for more of Christ in our thoughts, calendar, checkbook, relationships, and heart.
 - b. Jesus Himself modeled a personal relationship with the Father that brought intimacy and preparation for every part of His ministry through prayer.
 - i. He prayed at His baptism. Luke 3:21
 - ii. He prayed regularly. Matthew 14:23, Luke 5:16
 - iii. He prayed all night before selecting the twelve disciples. Luke 6:12-13
 - iv. He prayed and prepared the disciples in the Upper Room. Luke 22:7-38

- v. He prayed in the Garden of Gethsemane before going to the cross. Luke 22:39-46
 - vi. He told the disciples not to go out from Jerusalem unprepared but to wait for the Helper He would send. Acts 1:4-8
 - vii. He returned to heaven to prepare a place for us. John 14:2-4
 - viii. He continues to pray for us. Hebrews 7:25
- c. Pause and reflect. How do you prepare daily for your ministry mountain? What do you put on? What do you leave behind?
- d. Pray: *Lord Jesus, is there anything you want me to know about preparing for my ministry mountain? Listen for His answer.*

3. God can see the entire mountain. He sees the big picture from every direction. You need a God-given vision to gain a perspective bigger than what you can see from where you are or where you have been. To seek understanding to navigate your God-given vision, begin by recognizing the following:

- a. Where are you now?
- b. What is your goal?
- c. What has God already told you about your ministry calling?
- d. Pray: *Lord, are You still calling me to lead or serve in my current ministry/position? If so, what do You want me to know about Your heart for the people or work? Pause and listen. Pray: If not, what do You want me to know about my situation? Show me how to walk it out in love. In Jesus' name, amen.*

Journal what God shows you.

“Who may ascend the mountain of the Lord? Who may stand in His holy place? The one who has clean hands and a pure heart, who does not trust in an idol or swear by a false god.”

Psalms 24:3-4

For more on Ascending Your Ministry Mountain contact us at
FearlessAndFreeCommunity.com.

**If you have yet to call on Jesus as your Lord and Savior,
 find a biblical explanation of the vital need and a prayer guide at
FearlessAndFreeCommunity.com/Saving-Faith**